

Deformable bodies in a 3-dimensional viscous flow: Vorticity-stream vector formulation

A. Gallen; J. Muñoz Biosca; M. Castro Ponce; A. Hernández Machado

Abstract-

When simulating three-dimensional flows interacting with deformable and elastic obstacles, current methods often encounter complexities in the governing equations and challenges in numerical implementation. In this work, we introduce a novel numerical formulation for simulating incompressible viscous flows at low Reynolds numbers in the presence of deformable interfaces. Our method employs a vorticity-stream vector formulation that significantly simplifies the fluid solver, transforming it into a set of coupled Poisson problems. The body–fluid interface is modeled using a phase field, allowing for the incorporation of various free-energy models to account for membrane bending and surface tension. In contrast to existing three-dimensional approaches, such as lattice Boltzmann methods or boundary-integral techniques, our formulation is lightweight and grounded in classical fluid mechanics principles, making it implementable with standard finite-difference techniques. We demonstrate the capabilities of our method by simulating the evolution of a single vesicle or droplet in Newtonian Poiseuille and Couette flows under different free-energy models, successfully recovering canonical axisymmetric shapes and stress profiles. Although this work primarily focuses on single-body dynamics in Newtonian suspending fluids, the framework can be extended to include body forces, inertial effects, and viscoelastic media.

Index Terms- Microfluídica (Microfluidics); Dinámica de Fluidos Computacional (CFD); Flujo viscoso (Viscous flow); Biomecánica celular (Cell biomechanics); Bajo número de Reynolds (Low Reynolds number); Vorticidad (Vorticity); Campo de fase (Phase-field)

Due to copyright restriction we cannot distribute this content on the web. However, clicking on the next link, authors will be able to distribute to you the full version of the paper:

[Request full paper to the authors](#)

If your institution has a electronic subscription to Physics of Fluids, you can download the paper from the journal website:

[Access to the Journal website](#)

Citation:

Gallén, A.; Muñoz Biosca, J.; Castro, M.; Hernández-Machado, A. "Deformable

bodies in a 3-dimensional viscous flow: Vorticity-stream vector formulation", Physics of Fluids, vol.38, no.1, pp.013119-1-013119-9, January, 2026.