

FICHA TÉCNICA DE LA ASIGNATURA

Datos de la asignatura	
Nombre completo	English for Professional Communication in Sports
Código	E000008273
Título	Grado en Ciencias de la Actividad Física y del Deporte por la Universidad Pontificia Comillas
Impartido en	Grado en Ciencias de la Actividad Física y del Deporte [Tercer Curso]
Nivel	Reglada Grado Europeo
Cuatrimestre	Semestral
Créditos	6,0 ECTS
Carácter	Obligatoria (Grado)
Departamento / Área	Centro de Enseñanza Superior Alberta Giménez (CESAG)
Responsable	Catalina Ribas Segura
Horario	Tuesdays, 9.30-10.30am; Wednesdays, 9-10.30am; Thursdays, 1-2pm
Horario de tutorías	To Be Announced
Descriptor	This is an English course specialized in Sports Science and it aims to improve the communicative competence in real professional situations apart from reinforcing English grammar at a B2 level according to the Common European Framework of Reference for Languages. It increases the students' possibilities to develop their work experience in international contexts and it also promotes respect towards cultural diversity.

Datos del profesorado	
Profesor	
Nombre	Catalina Ribas Segura
Departamento / Área	Departamento de Lenguas
Despacho	Despacho: 18A Correo electrónico: cribas@cesag.org
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DATOS ESPECÍFICOS DE LA ASIGNATURA

Contextualización de la asignatura
Aportación al perfil profesional de la titulación The English language is regarded as the international language or lingua franca in significant sectors of our globalised and cosmopolitan society. It is the main language of science, and its scientific output in general, as well as of the (non-)English speaking academic world. This subject contributes to fulfil the future graduates' training by acquiring the necessary knowledge and capabilities in the English language in order to manoeuvre themselves in a professional and academic environment linked with the syllabus of the degree.
Prerrequisitos

- A B2 level of English, according to the Common European Framework of Reference for Languages, is recommended.

Competencias - Objetivos

Competencias

GENERALES

CG05	Capacidad para comunicarse de forma oral y escrita correctamente en el desempeño de su trabajo como profesional de la Actividad Física y Deportiva	
	RA1	Expresa sus ideas de forma estructurada, inteligible y convincente
	RA2	Interviene ante un grupo con seguridad y soltura
	RA3	Escribe con corrección
	RA4	Presenta documentos estructurados y ordenados
CG13	Capacidad para comunicarse de forma oral y escrita en lengua extranjera (nivel B2) correctamente en el desempeño de su trabajo como profesional de la Actividad Física y Deportiva.	
	RA1	Escribe textos claros y detallados sobre una amplia serie de temas relacionados con la actividad física y el deporte.
	RA2	Presenta descripciones claras y detalladas de una amplia serie de temas relacionados con la actividad física y el deporte
	RA3	Puede participar en una conversación con cierta fluidez y espontaneidad
	RA4	Lee artículos e informes de temas conocidos
	RA5	Comprende discursos y puede seguir la línea argumental de temas conocidos

ESPECÍFICAS

CE11	Diseñar, desarrollar y evaluar los procesos de enseñanza-aprendizaje relativos a la actividad física y deportiva con atención a las características individuales y contextuales de las personas.	
	RA1	Conoce y aplica las diferentes técnicas, estrategias y estilos de enseñanza de actividad física y deporte teniendo en cuenta las características individuales y grupales del alumnado.

BLOQUES TEMÁTICOS Y CONTENIDOS

Contenidos – Bloques Temáticos

CONTENTS

CONTENTS

Unit 1: Order of adjectives, connectors, verb tenses, pronunciation

Unit 2: Characteristics of a coach, the principles of training, motivational speech

Unit 3: Verbs followed by infinitive or gerund

Unit 4: Instructions, parts of the body, body movements

Unit 5: Reading Seminar

Unit 6: Report, pitching

Unit 7: Spanglish and typical mistakes

Unit 8: Specific vocabulary on sport training and health

AIMS and LEARNING OUTCOMES

OR1. To know the English grammar according to a B2 level.

OR2. To be able to discuss on several topics related to health and sport.

OR3. Be able to understand and use academic English in context.

OR4. To communicate in the English language in an efficient way following a recognizable textual structure.

OR5. To produce clear and detailed texts on diverse topics as well as to defend a point of view on general topics indicating the pros and cons

OR6. Synthesize key information from several texts and sources.

METODOLOGÍA DOCENTE

Aspectos metodológicos generales de la asignatura

Metodología Presencial: Actividades

Speaking and writing activities, reading seminars, presentations, individual/group work.

CE11, CG13

Metodología No presencial: Actividades

Activities, study and preparation of oral and written assignments.

CE11, CG13

RESUMEN HORAS DE TRABAJO DEL ALUMNO

HORAS PRESENCIALES		
Lecciones magistrales	Actividades prácticas: Ejercicios y/o casos prácticos/resolución de problemas	Trabajos grupales
35.00	13.00	12.00
HORAS NO PRESENCIALES		

Actividades prácticas: Ejercicios y/o casos prácticos/resolución de problemas	Trabajos individuales	Trabajos grupales	Estudio personal y documentación
5.70	35.00	6.80	72.50
CRÉDITOS ECTS: 6,0 (180,00 horas)			

EVALUACIÓN Y CRITERIOS DE CALIFICACIÓN

El uso de IA para crear trabajos completos o partes relevantes, sin citar la fuente o la herramienta o sin estar permitido expresamente en la descripción del trabajo, será considerado plagio y regulado conforme al Reglamento General de la Universidad.

Actividades de evaluación	Criterios de evaluación	Peso
Final Exam	50% of the total mark (minimum passing standards: 25%). It can be retaken	50
Evaluation of activities or case solving (1 reading seminar and 2 writings)	25% of the total mark. They cannot be retaken.	25
Evaluation of individual/ group work (Oral presentation)	15% of the total mark. It cannot be retaken.	15
Evaluation of individual work and active participation in class	10% of the total grade. It cannot be retaken.	10

Calificaciones

-If a student fails to show up on the composition /presentation/ reading seminar dates, s/he will receive a 0 (zero) grade for the composition and it cannot be retaken unless a valid proof is given.

- **Plagiarism, the use of artificial intelligence (AI) unless otherwise stated, an online translator or help from a third party will be penalized with a zero ("0") of that activity.**

- **Attendance to class and classroom teaching activities are compulsory (see schedule 2025-26). If a student fails 66% compulsory attendance (*artículo 15 de la Normativa Académica*), s/he may not be allowed to take the final written exam.**

*Your **mails** will only be answered if they include the **appropriate greeting forms** and they are written in **English**.

Speaking Skills:

- Notes are not allowed in presentations. If used, there will be penalty.
- When activities are in pairs/groups, if a member fails to show up on the presentation date, the other member/s will have to present the topic individually.
- If the student does not follow the presentation guidelines, he/she may be penalized (-1).
- If the presentation is off-topic, s/he will receive a 0 (zero) grade.
- Attendance to peers' presentations is compulsory.

Writing skills:

- If a student does not follow the composition instructions, s/he will receive a 0 (zero) grade for the composition.

Aspects to be assessed:

- Quality and clarity of information
- Correct usage: grammar, syntax and lexis according to B2 level.
- **Use of Artificial Intelligence permitted only in specific tasks and to show command of specific competences. (Level 3: AI Collaboration "You may use AI to assist with specific tasks such as ...refining and evaluating your work. You must critically evaluate and modify any AI-generated content you use.")**

"According to the Internal Regulations of this University, if the student commits an offence (minor, serious, or very serious, see articles 116-118), they will be sanctioned and may be expelled from the institution (see article 119)."

PLAN DE TRABAJO Y CRONOGRAMA

Actividades	Fecha de realización	Fecha de entrega
Unit 1	Week 1	Week 1
Units 2 and 8	Week 2	Week 5
Unit 3	Week 5	Week 6
WRITING 1	Week 6	Week 6
Unit 4	Week 7	Week 8
Unit 5: READING SEMINAR	Week 8	Week 9
Unit 6 WRITING 2 PRESENTATIONS	Week 9	Week 12
Unit 7	Week 13	Week 13

BIBLIOGRAFÍA Y RECURSOS

Bibliografía Básica

Gude, Kathy. 2004. *Fast Class*. Student's Book. Oxford: OUP.

Jordan, R. R. 1999. *Academic writing course: Study skills in English*. Harlow: Longman.

Mann, Malclom and Taylore-Knowles, Steve. 2006. *Destination B2: Grammar and Vocabulary*. With answers. London: Macmillan.

Murphy, Raymond. 2004. *English Grammar in Use*. 3rd ed. with answers. Cambridge: Cambridge UP.

Porter, David. 2007. *Check your vocabulary for Academic English*. London: A & C Black Publishers.

Prades, C., Hernández, A. 2024. *English for Physical and Sports Activities*. Altamar.

Vince, Michael. 2009. *First Certificate Language Practice. English Grammar and Vocabulary*. 4th ed with key and CD-ROM. Oxford: Macmillan.

Bibliografía Complementaria

Dossier

Moodle (Aula Virtual)

Specific graded readings, films and magazines

Miao, F., Holmes, W. 2024. *Guía para el uso de la IA generativa en educación e investigación*. UNESCO.

En cumplimiento de la normativa vigente en materia de **protección de datos de carácter personal**, le informamos y recordamos que puede consultar los aspectos relativos a privacidad y protección de datos que ha aceptado en su matrícula entrando en esta web y pulsando "descargar"

<https://servicios.upcomillas.es/sedeelectronica/inicio.aspx?csv=02E4557CAA66F4A81663AD10CED66792>